

First Reading: Isaiah 35:4-7a

⁴Say to those who are of a fearful heart, “Be strong, do not fear! Here is your God. He will come with vengeance, with terrible recompense. He will come and save you.”

⁵Then the eyes of the blind shall be opened, and the ears of the deaf unstopped;

⁶then the lame shall leap like a deer, and the tongue of the speechless sing for joy. For waters shall break forth in the wilderness, and streams in the desert;

^{7a}the burning sand shall become a pool, and the thirsty ground springs of water.

The word of the Lord.

Thanks be to God.

Psalm: Psalm 146

¹Hallelujah! Praise the LORD, O my soul!

²**I will praise the LORD as long as I live;**

I will sing praises to my God while I have my being.

³Put not your trust in rulers, in mortals in whom there is no help.

⁴**When they breathe their last, they return to earth,
and in that day their thoughts perish.**

⁵Happy are they who have the God of Jacob for their help,
whose hope is in the LORD their God.

⁶**Who made heaven and earth, the seas, and all that is in
them; who keeps promises forever.**

⁷Who gives justice to those who are oppressed, and food
to those who hunger. The LORD sets the captive free.

⁸**The LORD opens the eyes of the blind; the LORD lifts up
those who are bowed down; the LORD loves the righteous.**

⁹The LORD cares for the stranger; the LORD sustains the
orphan and widow, but frustrates the way of the wicked.

¹⁰**The LORD shall reign forever, your God, O Zion,
throughout all generations. Hallelujah!**

Second Reading: James 2:1-10 [11-13] 14-17

¹My brothers and sisters, do you with your acts of favoritism really believe in our glorious Lord Jesus Christ? ²For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, ³and if you take notice of the one wearing the fine clothes and say, “Have a seat here, please,” while to the one who is poor you say, “Stand there,” or, “Sit at my feet,” ⁴have you not made distinctions among yourselves, and become judges with evil thoughts? ⁵Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? ⁶But you have dishonored the poor. Is it not the rich who oppress you? Is it not they who drag you into court? ⁷Is it not they who blaspheme the excellent name that was invoked over you?

⁸You do well if you really fulfill the royal law according to the scripture, “You shall love your neighbor as yourself.” ⁹But if you show partiality, you commit sin and are convicted by the law as transgressors. ¹⁰For whoever keeps the whole law but fails in one point has become accountable for all of it. [¹¹For the one who said, “You shall not commit adultery,” also said, “You shall not murder.” Now if you do not commit adultery but if you murder, you have become a transgressor of the law. ¹²So speak and so act as those who are to be judged by the law of liberty. ¹³For judgment will be without mercy to anyone who has shown no mercy; mercy triumphs over judgment.]

¹⁴What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? ¹⁵If a brother or sister is naked and lacks daily food, ¹⁶and one of you says to them, “Go in peace; keep warm and eat your fill,” and yet you do not supply their bodily needs, what is the good of that? ¹⁷So faith by itself, if it has no works, is dead.

Alleluia. Lord, to whom shall we go?

You have the words of eternal life. Alleluia.

Gospel: Mark 7:24-37

The Holy Gospel according to Mark, the 7th chapter.

Glory to you, O Lord.

²⁴[Jesus] set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, ²⁵but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. ²⁶Now the woman was a Gentile, of Syrophenician origin. She begged him to cast the demon out of her daughter. ²⁷He said to her, “Let the children be fed first, for it is not fair to take the children’s food and throw it to the dogs.” ²⁸But she answered him, “Sir, even the dogs under the table eat the children’s crumbs.” ²⁹Then he said to her, “For saying that, you may go—the demon has left your daughter.” ³⁰So she went home, found the child lying on the bed, and the demon gone.

³¹Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. ³²They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. ³³He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. ³⁴Then looking up to heaven, he sighed and said to him, “Ephphatha,” that is, “Be opened.” ³⁵And immediately his ears were opened, his tongue was released, and he spoke plainly. ³⁶Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. ³⁷They were astounded beyond measure, saying, “He has done everything well; he even makes the deaf to hear and the mute to speak.”

The gospel of the Lord.

Praise to you, O Christ.